

SPINE & CORE STRENGTHENING

SpineForce was designed and developed by leading European physicians, physical therapists, strength conditioning coaches and experts in Biomechanics to offer the most state-of-the-art three dimensional rehabilitation/exercise equipment in the world today.

SpineForce is the only technology in the world that has been designed to three dimensionally target and strengthen the 180 deep spinal and core muscles. Restore strength and improve balance, coordination, proprioception, posture and range of motion all in one unique technology.

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Osteoporosis is a major public health threat for an estimated 44 million Americans. Characterized by the structural deterioration of bone tissue, it causes bone fragility and increases a persons susceptibility to fractures. SpineForce is designed to create a unique muscular performance environment that challenges the somatosensory system to improve strength, coordination, balance and posture to rebuild lost muscle and bone mass.

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DERM

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ANTI-AGING & PREVENTION

FALL PREVENTION
POSTURAL STABILITY
OSTEOPOROSIS
ARTHRITIC PAIN
WEIGHT LOSS



3-D REHAB EXERCISE
TECHNOLOGY

LPG





Stand Up to Age

1 IMPROVE POSTURAL STABILITY & BALANCE
 With aging comes a steady decline in posture, balance, stability and equilibrium. Over one-third of adults over 65 fall each year. SpineForce's neuromotor strength and balance exercises will help you overcome mobility challenges by strengthening the deep spinal muscles, tendons and joints that support the spine.

2 PREVENT OSTEOPOROSIS & RESTORE BONE MASS
 Conditioning the body from the inside out, SpineForce helps prevent the onset of osteoporosis to strengthening bone mass and density while improving muscle strength and increased range of motion.

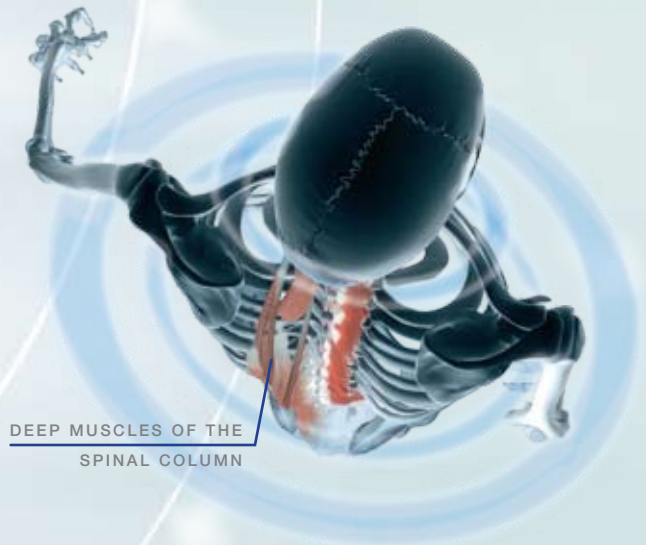


3 LOSE WEIGHT AND INCREASE MOBILITY
 Physical inactivity causes muscle loss metabolic decline and obesity, which can lead to heart disease. Obesity stresses the heart and lungs and strains the weight bearing spine, hips, knees and ankles. SpineForce is FDA cleared as an adjunct to obesity and its unique 3-D exercises increase mobility, flexibility, strength and cardiovascular endurance as part of a physician supervised weight loss program.

4 REDUCE ARTHRITIC PAIN
 SpineForce lubricates and nourishes joints to reduce arthritic pain, stiffness, and swelling while strengthening the surrounding musculature to improve posture and balance.

SpineForce is a safe and effective to use and has been tested on elderly patients up to 80 years and older.

5 SpineForce® Reinforces the Spine, Improves Quality of Life



DEEP MUSCLES OF THE SPINAL COLUMN